


January 2019 Titusville Middle and High School Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Smoothies & Breakfast Sandwiches Available Daily	1 Happy New Year	2 Assorted Breakfast bar or Cereal with Belly Bears Fruit and Juice Choice of Milk	3 Sausage & Cheese Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	4 WG Mini Powder Donuts or Cereal with Belly Bears Fruit and Juice Choice of Milk
7 Apple Cinnamon Breakfast Bar or Cereal with Belly Bears Fruit and Juice Choice of Milk	8 Blueberry Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	9 Egg & Cheese Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	10 Apple Turnover or Cereal with Belly Bears Fruit and Juice Choice of Milk	11 WG Zucchini Bread or Cereal with Belly Bears Fruit and Juice Choice of Milk
14 Glazed Goody Ring or Cereal with Belly Bears Fruit and Juice Choice of Milk	15 Warm Cini Mini's or Cereal with Belly Bears Fruit and Juice Choice of Milk	16 Sausage & Cheese Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	17 Assorted Pastries or Cereal with Belly Bears Fruit and Juice Choice of Milk	18 No School
21 No School	22 Cheese Stick & Belly Bears or Cereal with Belly Bears Fruit and Juice Choice of Milk	23 Egg & Cheese Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	24 Breakfast Taco or Cereal with Belly Bears Fruit and Juice Choice of Milk	25 Chocolate Chip Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk
28 WG Mini Powder Donuts or Cereal with Belly Bears Fruit and Juice Choice of Milk	29 Chocolate Chip Breakfast Bar or Cereal with Belly Bears Fruit and Juice Choice of Milk	30 Sausage & Cheese Muffin or Cereal with Belly Bears Fruit and Juice Choice of Milk	31 Banana Muffin Fruit and or Cereal with Belly Bears Fruit and Juice Choice of Milk	 Whole Grains Available Daily

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Sausage & Cheese Muffin
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Proud to manage your food service program



**Meal Prices:
Paid \$1.15
Reduced \$3.30**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE