

December 2018 High School Lunch Menu



Food Service Director: Brandi Culver
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The Grille

Grilled Chicken Sandwich
Cheeseburger on a Bun
Breaded Chicken Sandwich
Spicy Chicken Sandwich

The Garden

Grilled Chicken Sandwich
Roast Turkey & Cheese Salad
Chicken Caesar Salad
Garden Salad with Cheese
Chef Salad
Breaded Chicken Salad

The Pizzeria

Hot Buffalo Chicken Pizza
Fiestada Pizza
Pepperoni Pizza
BBQ Ham Pizza
Broccoli & Cheese Pizza

Grab & Go

A wide variety of sandwiches, wraps, specialty salads are available daily!

Options

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fiestada Pizza or Chicken Strips with bread Steamed Mixed Vegetables Assorted Fruit Choice Milk Choice	4 Orange Kiss Chicken Bowl or Corn Dog Nuggets Steamed Broccoli Assorted Fruit Choice Milk Choice	5 Brunch Lunch! French Toast with Syrup and sausage patties or Sloppy Joe on bun Oven Baked Tater Tots Assorted Fruit Choice Milk Choice	6 Pizza Pinwheels w/sauce Or Spicy Italian Wrap Glazed Carrots Assorted Fruit Choice Milk Choice	7 Macaroni & Cheese with bread slice or BBQ Pulled Pork on bun Steamed Peas Assorted Fruit Choice Milk Choice
10 Recipe of the Month Buffalo Chicken Alfredo w/bread Or Hot Dogs on buns Steamed Green beans Assorted Fruit Choice Milk Choice	11 Chicken & Vegetables Wok Station or BBQ Rib on bun Romaine Salad Assorted Fruit Choice Milk Choice	12 Popcorn Chicken Bowl with bread slice or Deli Hoagie Steamed Corn Assorted Fruit Choice Milk Choice	13 Breaded Chicken Parmesan on bun or Ham & Cheese on Pretzel Bun Baked Beans Assorted Fruit Choice Milk Choice	14 Beef Nachos with cheese, salsa & bread Or Buffalo Chicken Sticks w/bread slice Romaine Salad Assorted Fruit Choice Milk Choice
17 Chicken Strips with bread or Bacon Cheeseburger on bun Emoji Fries Assorted Fruit Choice Milk Choice	18 Brunch Lunch! French Toast with Syrup and sausage patties or Sloppy Joe on bun Oven Baked Tater Tots Assorted Fruit Choice Milk Choice	19 Pizza Hut Day Or Corn Dog Nugget Steamed Mix Vegetables Assorted Fruit Choice Milk Choice	20 Christmas Lunch! Pork in gravy over stuffing & bread slice or Chef's Choice Mashed Potatoes Assorted Fruit Choice Milk Choice Christmas Dessert	21 Winter Begins Chicken Fajita's with peppers & onions Or Chef's Choice Winter Blend Vegetables Assorted Fruit Choice Milk Choice
24 	25 26 27 Christmas Break December 24 through January 1st			8 
31 			 Fresh Produce from Local Farms based on crop	 Whole Grains Available Daily

The Deli

Buffalo Chicken
Oven Roasted Turkey and Cheese
Ham & Cheese
Tuna Salad
Egg Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.50 Reduced \$.40

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MENUS SUBJECT TO CHANGE