

April 2019 Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two
 1/2 cup servings

*Fruits include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

1% Chocolate, 1% Strawberry, Fat Free Vanilla,
 1% White and Fat Free White

Lunch Prices:
 Paid \$2.35
 Reduced \$.40

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Fiestada Pizza or Breaded Chicken Patty on bun Steamed Peas Assorted Fruit Milk Choice	2 Brunch Lunch! Waffles with syrup and sausage patty or Deli Hoagie Oven Baked Tater Tots Assorted Fruit & Milk Choice	3 Hot Dog on bun or Cheeseburger Wrap Attack Steamed Carrots Assorted Fruit Milk Choice	4 Italian Dunkers w/sauce or Chicken Rings w/bread slice Romaine Salad Assorted Fruit Milk Choice	5 Beef Nachos with cheese, salsa & bread slice or Fish Sticks w/bread slice Mixed Vegetables Assorted Fruit & Milk Choice
8	Meatball Hoagie with cheese Or Grilled Chicken on bun Baked Beans Assorted Fruit & Milk Choice	9 Brunch Lunch! Pancakes with syrup and sausage patty or Wow Butter & Jelly Sandwich Oven Baked Tater Tots Assorted Fruit & Milk Choice Dessert	10 WW@Pleasantville Popcorn Chicken Bowl w/bread Or Sloppy Joe on bun Steamed Corn Assorted Fruit & Milk Choice	11 Pepperoni Pinwheels w/sauce Or Cheeseburger on bun Steamed Green Beans Assorted Fruit & Milk Choice	12 Grilled Cheese Sandwich w/soup or BBQ Pulled Pork on bun Steamed Broccoli Assorted Fruit & Milk Choice
15	Chicken Nuggets w/bread slice Or Hot Sicilian on bun Glazed Carrots Assorted Fruit & Milk Choice	16 Brunch Lunch! French Toast sticks with syrup and sausage patty or Deli Hoagie Oven Baked Tater Tots Assorted Fruit & Milk Choice	17 Walking Taco w/lettuce, cheese & salsa or BBQ Grilled Chicken on bun Steamed Mixed Vegetables Assorted Fruit & Milk Choice	18 Macaroni & Cheese w/roll Or Pepperoni Pizza Steamed Peas Assorted Fruit & Milk Choice	19 No School
22	Cheese Steak Hoagie on bun Or Corn Dog Nuggets Steamed Broccoli Assorted Fruit & Milk Choice	23 National Picnic Day Hot Dog on bun or Cheeseburger on bun Cucumber & Tomato salad Assorted Fruit & Milk Choice Strawberry Shortcake Dessert	24 Popcorn Chicken Bowl w/bread Or Deli Hoagie Steamed Corn Assorted Fruit & Milk Choice	25 Beef Taco with lettuce, cheese & salsa or Breaded Fish on bun Steamed Mixed Vegetables Assorted Fruit & Milk Choice	26 Italian Dunkers w/sauce Or Breaded Chicken on bun Baked Beans Assorted Fruit & Milk Choice
29	Fiestada Pizza Or Chicken Strips w/bread slice Glazed Carrots Assorted Fruit & Milk Choice	30 Brunch Lunch! Waffles with syrup and sausage patty or Wow Butter & Jelly Sandwich Oven Baked Tater Tots Assorted Fruit & Milk Choice	 	 Fresh Produce from Local Farms based on crop availability	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
Monday	Chef Salad with roll and croutons or Nacho & Cheese Munchable	Tuesday Chef Salad with roll and croutons or Grilled Cheese Sandwich	Wednesday Chef Salad with roll and croutons or Turkey & Cheese Sandwich	Thursday Chef Salad with roll and croutons or Chicken Nugget Munchable	Friday Chef Salad with roll and croutons or Cheese Pizza