

March 2020 Elementary Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

***Vegetables include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two
1/2 cup servings








***Fruits include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

1% Chocolate, 1% Strawberry, Fat Free Vanilla,
1% White and Fat Free White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatball Hoagie with cheese Or BBQ Rib on bun Baked Beans Assorted Fruit & Milk Choice	3 Brunch Lunch! Pancakes with syrup and sausage patty or Wow Butter & Jelly Sandwich Oven Baked Tater Tots Assorted Fruit & Milk Choice	4 Popcorn Chicken Bowl with bread slice or Sloppy Joe on bun  Steamed Corn Assorted Fruit & Milk Choice	5 Italian Dunkers w/sauce or BBQ Pulled Pork on bun Steamed Broccoli Assorted Fruit & Milk Choice	6 Pasta w/meat sauce & bread slice or Hot Ham & Cheese on bun Romaine Salad Assorted Fruit & Milk Choice
9 Chicken Nuggets with bread Or Pepperoni Melt  Glazed Carrots Assorted Fruit & Milk Choice	10 Brunch Lunch! Waffles with syrup and sausage patty or Chicken Bacon Ranch Wrap Oven Baked Tater Tots Assorted Fruit & Milk Choice	11 *New Item* Corn Dog on a stick Or Hot Sicilian on bun Oven Baked French Fries Assorted Fruit Milk Choice & Dessert	12 Salisbury Steak in gravy Or BBQ Grilled Chicken on bun Mashed Potatoes Assorted Fruit & Milk Choice	13 Macaroni & Cheese w/roll Or Fish Sticks w/bread slice Steamed Peas Assorted Fruit & Milk Choice
16 Italian Dunkers w/sauce Or Corn Dog Nuggets Steamed Green Beans Assorted Fruit & Milk Choice	17 Brunch Lunch! Pancakes with syrup and sausage patty or Wow Butter & Jelly Sandwich Oven Baked Tater Tots  Assorted Fruit & Milk Choice	18 Popcorn Chicken Bowl with bread slice or Sloppy Joe on bun Steamed Corn Assorted Fruit & Milk Choice	19 No School	20 No School
23 Fiestada Or Cheeseburger on bun Glazed Carrots Assorted Fruit	24 Brunch Lunch! French Toast Sticks with syrup and sausage patty or Hot Sicilian on bun Oven Baked Tater Tots Assorted Fruit & Milk Choice	25 Weenie Boat on bread or Chicken Nuggets w/bread slice Romaine Salad Assorted Fruit & Milk Choice WW @ Pleasantville	26 French Bread Cheese Pizza or BBQ Pulled Pork on bun Baked Beans Assorted Fruit & Milk Choice Dessert	27 Grilled Cheese with soup Or Tuna Salad Sandwich  Mixed Vegetables Assorted Fruit & Milk Choice
30 Pepperoni Melt Or Breaded Chicken on bun Steamed Broccoli Assorted Fruit & Milk Choice	31 Brunch Lunch! Pancakes with syrup and sausage patty or Wow Butter & Jelly Sandwich Oven Baked tater Tots Assorted Fruit & Milk Choice	  Whole Grains Available Daily	 Fresh Produce from Local Farms based on crop availability	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
Monday Chef Salad with bread slices and croutons or Nacho & Cheese Munchable	Tuesday Chef Salad with bread slices and croutons or Grilled Cheese Sandwich	Wednesday Chef Salad with bread slices and croutons or Turkey & Cheese Sandwich	Thursday Chef Salad with bread slices and croutons or Chicken Nugget Munchable	Friday Chef Salad with bread slices and croutons or Cheese Pizza