

April 2019 High School Lunch Menu



Food Service Director: Brandi Culver
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The Grille

Grilled Chicken Sandwich
Cheeseburger on a Bun
Breaded Chicken Sandwich
Spicy Chicken Sandwich

The Garden

Grilled Chicken Sandwich
Roast Turkey & Cheese Salad
Chicken Caesar Salad
Garden Salad with Cheese
Chef Salad
Breaded Chicken Salad

The Pizzeria

Hot Buffalo Chicken Pizza
Fiestada Pizza
Pepperoni Pizza
BBQ Ham Pizza
Broccoli & Cheese Pizza

Grab & Go

A wide variety of sandwiches, wraps, specialty salads are available daily!

Options

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Strips with bread Or Sloppy Joe on bun Baked Beans Assorted Fruit Choice Milk Choice	2 Pasta Bowl w/breadstick Or Corn Dog Nuggets Romaine Salad Assorted Fruit Choice Milk Choice	3 Brunch Lunch! Waffles with syrup & sausage patties Spicy Italian Wrap Oven Baked Tater Tots Assorted Fruit Choice Milk Choice	4 Italian Dunkers with sauce or Chicken Broccoli Casserole with bread Glazed Carrots Assorted Fruit Choice Milk Choice	5 Recipe of the Month Cheesy Spinach & Mushroom Quiche or Grilled Cheese sandwich w/soup Steamed Peas Assorted Fruit Choice Milk Choice
8 Ham & Cheese on Pretzel bun or Meatball Hoagie on bun Steamed Broccoli Assorted Fruit Choice Milk Choice	9 Weenie Boats on bread or Cheeseburger Wrap Attack Oven Baked French Fries Assorted Fruit Choice Milk Choice	10 Popcorn Chicken Bowl with bread slice or Deli Hoagie on bun Steamed Corn Assorted Fruit Choice Milk Choice	11 Wok Station Chicken with vegetables over rice or Breaded Parmesan Chicken on bun Mixed Vegetables Assorted Fruit Choice Milk Choice	12 Macaroni & Cheese with a roll or Breaded Fish on bun Steamed Peas Assorted Fruit Choice Milk Choice
15 Hoagie Bar -Cheesesteak or Chicken or Chicken Sticks w/bread Glazed Carrots Assorted Fruit Choice Milk Choice	16 Fiestada Pizza Or Hot Sicilian on bun Mixed Vegetables Assorted Fruit Choice Milk Choice	17 Brunch Lunch! French Toast with Syrup and sausage patties or Chilled Chicken Ranch Twister Oven Baked Tater Tots Assorted Fruit Choice Milk Choice	18 Walking Taco Or BBQ Pulled Pork on bun Romaine Salad Assorted Fruit Choice Milk Choice	19 No School
22 Spicy Chicken Strips with bread slice or BBQ Rib on bun Steamed Broccoli Assorted Fruit Choice Milk Choice	23 National Picnic Day Hot Dogs on buns or Bacon Cheeseburger on bun Very Veggie Pasta Salad Assorted Fruit Choice Milk Choice Dessert	24 Popcorn Chicken Bowl with bread slice or Spicy Italian Wrap Steamed Corn Assorted Fruit Choice Milk Choice	25 Rocket Fries w/bread slice or BBQ Pulled Pork on bun Steamed Green Beans Assorted Fruit Choice Milk Choice	26 Grilled Cheese w/soup Or Buffalo Chicken Pizza Mixed Vegetables Assorted Fruit Choice Milk Choice
29 Fiestada Pizza or BBQ Pulled Pork on bun Glazed Carrots Assorted Fruit Choice Milk Choice	30 Orange Kiss Chicken Bowl or Corn Dog Nuggets Steamed Broccoli Assorted Fruit Choice		Whole Grains Available Daily 	Fresh Produce from Local Farms based on crop 

The Deli

Buffalo Chicken
Oven Roasted Turkey and Cheese
Ham & Cheese
Tuna Salad
Egg Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Students may take
1 full cup
vegetables and 1
full cup Fruit

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, 1% Flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.50 Reduced \$4.00

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