

August & September 2019 High School Lunch Menu



Food Service Director: Brandi Culver
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The Grille

Grilled Chicken Sandwich
Cheeseburger on a Bun
Breaded Chicken Sandwich
Spicy Chicken Sandwich

The Garden

Grilled Chicken Sandwich
Roast Turkey & Cheese Salad
Chicken Caesar Salad
Garden Salad with Cheese
Chef Salad
Breaded Chicken Salad

The Pizzeria

Hot Buffalo Chicken Pizza
Fiestada Pizza
Pepperoni Pizza
BBQ Ham Pizza
Broccoli & Cheese Pizza

Grab & Go

A wide variety of sandwiches, wraps, specialty salads are available daily!

Options

Monday	Tuesday	Wednesday	Thursday	Friday
	8/27 Breaded Chicken Parmesan on bun or BBQ Rib on bun Baked Beans Assorted Fruit Milk Choice	8/28 Buffalo Grilled Chicken on bun or Chicken Alfredo w/bread Steamed Green Beans Assorted Fruit Milk Choice	8/29 Popcorn Chicken Bowl w/bread slice or Deli Hoagie Steamed corn Assorted Fruit Milk Choice	8/30 Beef Nachos with cheese, salsa & bread or Spicy Italian Wrap Romaine Salad Assorted Fruit Milk Choice
9/2 No School Labor Day	3 Chicken Tenders w/bread or Bacon Cheeseburger on bun Glazed Carrots Assorted Fruit Milk Choice	4 Pasta Bowl w/breadstick Or Breaded Fish on bun Steamed Broccoli Assorted Fruit Milk Choice	5 Brunch Lunch! French Toast w/syrup & sausage patties or Chicken Ranch Twister Oven Baked Tater Tots Assorted Fruit Milk Choice	6 Chicken Fajita's Or BBQ Pulled Pork on bun Mixed Vegetables Assorted Fruit Milk Choice
9 Grilled Cheese w/soup or Breakfast Burger Steamed Peas Assorted Fruit Milk Choice	10 Cheesesteak Hoagie on bun or Teriyaki Grilled Chicken on bun Steamed Green Beans Assorted Fruit Milk Choice	11 Italian Dunkers w/sauce Or Corn Dog Nuggets Steamed Broccoli Assorted Fruit Milk Choice	12 Popcorn Chicken Bowl with bread slice or Deli hoagie on bun Steamed Corn Assorted Fruit Milk Choice	13 Fiestada Pizza or Sloppy Joe on bun Baked Beans Assorted Fruit Milk Choice Cookie for Dessert
16 Rocket Fries with bread slice or Buffalo Chicken Sticks with bread slice Stewed Tomatoes Assorted Fruit Milk Choice	17 Buffalo Grilled Chicken on bun or BBQ Rib on bun Glazed Carrots Assorted Fruit Milk Choice	18 Cuban Pork Sandwich Or Spaghetti with meat sauce And bread slice Steamed Peas Assorted Fruit Milk Choice	19 Brunch Lunch! French Toast w/syrup & sausage patties or Chicken Ranch Twister Oven Baked Tater Tots Assorted Fruit Milk Choice	20 General Tso's over rice or BBQ Pulled Pork on bun Tomato/Cucumber Salad Assorted Fruit Milk Choice
23 Beef Nachos with cheese, salsa & bread or Spicy Italian Wrap Black Bean & Corn salad Assorted Fruit Milk Choice	24 Fiestada Pizza Or Bacon Cheeseburger on bun Steamed Broccoli Assorted Fruit Milk Choice	25 CYOB Baked Potato w/toppings Or Chicken Tenders with bread slice Romaine Salad Assorted Fruit Milk Choice	26 Popcorn Chicken Bowl with bread slice or Deli hoagie on bun Steamed Corn Assorted Fruit Milk Choice	27 Recipe of the Month Tuna Patty Melt Or Meatball Hoagie w/cheese Fresh Steamed Wax Beans Assorted Fruit Milk Choice
30 Hot Dogs on buns Or Cheeseburger Wrap Attack Oven Baked French Fries Assorted Fruit Milk Choice				

The Deli

Buffalo Chicken
Oven Roasted Turkey and Cheese
Ham & Cheese
Tuna Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, 1% flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.50 Reduced \$4.00

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