

May & June 2019 High School Lunch Menu



Food Service Director: Brandi Culver
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The Grille

Grilled Chicken Sandwich
Cheeseburger on a Bun
Breaded Chicken Sandwich
Spicy Chicken Sandwich

The Garden

Grilled Chicken Sandwich
Roast Turkey & Cheese Salad
Chicken Caesar Salad
Garden Salad with Cheese
Chef Salad
Breaded Chicken Salad

The Pizzeria

Hot Buffalo Chicken Pizza
Fiestada Pizza
Pepperoni Pizza
BBQ Ham Pizza
Broccoli & Cheese Pizza

Grab & Go

A wide variety of sandwiches, wraps,
specialty salads are available daily!

Options

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| Whole Grains Available Daily  | Fresh Produce from Local Farms based on crop  | 1 Brunch Lunch! Waffles with Syrup and sausage patties or Sloppy Joe on bun Oven Baked Tater Tots Assorted Fruit & Milk | 2 Italian Dunkers w/sauce Or BBQ Pulled Pork on bun Baked Beans Assorted Fruit & Milk | 3 Rocket Fries w/bread slice or Buffalo Chicken Pizza Romaine Side Salad Assorted Fruit & Milk |
| 6 Breaded Chicken Parmesan on bun or BBQ Rib on bun Steamed Broccoli Assorted Fruit & Milk | 7 Recipe of the Month Chicken & Tomato Bake or Corn Dog Nuggets Steamed Green Bean Assorted Fruit & Milk | 8 Popcorn Chicken Bowl with bread slice or Deli Hoagie Steamed Corn Assorted Fruit & Milk  | 9 Salisbury Steak in gravy & a roll or Chicken Sticks w/roll Oven Baked French Fries Assorted Fruit & Milk | 10 Macaroni & Cheese with dinner roll Or Turkey & Cheese on Pretzel Bun Steamed Peas Assorted Fruit & Milk |
| 13 Pizza Hut Day Or Chicken Strips with bread Glazed Carrots Assorted Fruit & Milk  | 14 Pasta bowl w/breadstick Or Breaded Fish on bun Steamed Mixed Vegetable Assorted Fruit & Milk | 15 Brunch Lunch! French Toast with Syrup and sausage patties or Chilled Chicken Ranch Twister Oven Baked Tater Tots Assorted Fruit & Milk | 16 Rice Bowl w/dinner roll Or Sloppy Joe on bun Steamed Broccoli Assorted Fruit & Milk Cookie for Dessert | 17 Walking Taco w/lettuce, cheese, salsa & roll or BBQ Oven Roast Chicken w/roll Romaine Salad Assorted Fruit & Milk |
| 20 Roast Beef Hoagie with cheese or Teriyaki Grilled Chicken on bun Steamed Peas Assorted Fruit & Milk | 21 Chicken Broccoli Casserole with bread slice Or Bacon Cheeseburger Steamed Broccoli Assorted Fruit & Milk | 22 Popcorn Chicken Bowl with bread slice or Deli Hoagie on bun Steamed Corn Assorted Fruit & Milk | 23 Fiestada Pizza Or Sloppy Joe on bun Baked Beans Assorted Fruit & Milk  | 24 Soft Beef Tacos with lettuce, cheese & salsa or Buffalo Chicken Strips Steamed Carrots Assorted Fruit & Milk |
| 27 No School Memorial day | 28 Meatball Hoagie w/cheese or Chef's Choice Mixed Vegetables Assorted Fruit & Milk | 29 Hot Dogs on buns Or Chef's Choice Steamed Carrots Assorted Fruit & Milk | 30 Popcorn Chicken Bowl w/bread slice or Chef's Choice Steamed Corn Assorted Fruit & Milk | 31 BBQ Pulled Pork on bun Or Chef's Choice Steamed Broccoli Assorted Fruit & Milk |
| 6/3 Fiestada Pizza Or Chef's Choice Hot Vegetable Assorted Fruit & Milk | 6/4 Cheeseburger on bun Or Chef's Choice Hot Vegetable Assorted Fruit & Milk | 6/5 BBQ Pulled Pork on bun or Chef's Choice Hot Vegetable Assorted Fruit & Milk | 6/6 Corn Dog Nuggets Or Chef's Choice Hot Vegetable Assorted Fruit & Milk | 6/7 Chicken Specialties w/bread or Chef's Choice Hot Vegetable Assorted Fruit & Milk |

The Deli

Buffalo Chicken
Oven Roasted Turkey and Cheese
Ham & Cheese
Tuna Salad
Egg Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

***Vegetable Bar includes:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
***Students may take 1 full cup vegetables and 1 full cup Fruit**

***Fruits include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, 1% Flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.50 Reduced \$4.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE