

# Dental Health Information

Healthy smiles & healthy lives start here! Located in downtown Oil City, the center is convenient to public transportation and offers free on-site parking during your visit.

## **The Salvation Army**

Oil City Dental Center

217 Sycamore Street

Oil City, PA 16301

phone: (814) 670-0374

fax: (814) 670-0376

email: <http://www.salvationarmy-wpa.org/>

## HOURS BY APPOINTMENT ONLY

Monday through Thursday

8:00 a.m. – 4:00 p.m.

(814) 670-0374

## NEW PATIENTS

We welcome new patients of all ages. Parents/guardians must complete a health history for each child receiving treatment. Please remember to bring the following information with you to every appointment:

- Insurance cards for each child
- Photo identification of the parent/guardian
- Custodial paperwork (required for foster parents, guardians or other court appointed child advocate)
- Dental records and x-rays from prior dental appointments (when available)
- A favorite toy or blanket

Your safety is our primary concern. Please remain in the office while your child is under our care. You will be asked to sign consent before dental treatment begins.

For everyone's safety, only one parent is allowed in the treatment area. Siblings should remain in the waiting room until the completion of the visit.

We promise to help reduce your child's fear and anxiety during the first visit.

## COMPREHENSIVE DENTAL CARE

Our goal at the Dental Center is to establish a dental home for your family. The Dental Center is staffed with general dentists, dental hygienists and dental assistants to provide you with the highest level of care needed to maintain good oral health.

## Our services include...

### DIAGNOSTIC AND PREVENTIVE CARE

- Examinations
- Digital X-rays
- Cleaning
- Fluoride Treatment
- Sealants

### RESTORATIVE CARE

- Fillings
- Crowns
- Root Canals
- Dentures
- Periodontal Services
- Extractions
- Surgical Services

### CONTINUING CARE

To promote a lifetime of good oral health, we recommend an examination, cleaning, and fluoride treatment ever six months. The dentist and hygienist will work together to provide a comprehensive treatment plan tailored to the needs of your child.

The Academy of Pediatric Dentistry does not recommend the use of dental x-rays before age six unless tooth surface are not clearly visible.

We will schedule your child for follow-up care and recall visits at the conclusion of each visit. Reminder cards are mailed 30 days before your next recall visit.

### KEEPING YOUR APPOINTMENT

A member of our staff will call you to remind you of the date and time for each scheduled appointment. If you move or change your phone number, please notify the office so we may update your records.

The appointment time has been reserved just for you, so please arrive on time. If you must re-schedule, we will appreciate at least 24 hours notice. If you miss one appointment without notice, you may re-schedule without a penalty. If you miss more than two appointments without notice, you may not be able to re-schedule for up to 90 days.

### PAYING FOR SERVICES

We accept Medical Assistance, CHIP, and other insurance programs. If your plan requires participation in a network, we will be happy to apply for participation. We appreciate your patience as we add new plans.

We offer an income-based reduced fee plan for individuals who do not have dental insurance. Please call our office for more information about the financial assistance application

If your plan requires a co-payment, payment is appreciated at the conclusion of each visit. We accept cash, checks (with identification), debit card, VISA, MasterCard, and money orders. We appreciate your business and will work hard to make each visit as affordable as possible.

## FLUORIDE FACTS

Fluoride + Sealants = Cavity Prevention

- Fluoride in your water and products, like toothpaste and mouth rinse, helps prevent tooth decay.
- Fluoride is good for both children and adults.
- Fluoride applied by a dentist or hygienist helps repair tooth decay before you can see it.
- If the water you drink does not have fluoride, have your parents talk to your doctor or dentist ways you can get fluoride.
- Follow the instructions of your doctor or dentist on the proper use and amount of fluoride you should use.

## DENTAL SEALANTS

This might be something new to you. Sealants are a thin plastic coating applied to the area where you chew on your back teeth or molars.

- You should get your first permanent molars between five and seven years old.
- You will get your second when you are between 11 and 13 years old.
- Your dentist should put sealants on your permanent molars as soon as your teeth come in
- Sealants do not hurt and are applied as a liquid and then hardened by a special light.

## Tooth Tips

- Tooth decay is easy to prevent when you are a kid.
- Tooth decay is five times more common than asthma and seven times more common than hay fever.
- Take care of your baby teeth from the time you are born. (Your parents will help). Clean gums after every time you eat.
- As your baby teeth grow, use a soft-bristled child-sized toothbrush and a pea-sized drop of toothpaste at least twice a day.
- If you are less than eight years-old, you should have an adult help when you brush your teeth to be sure all surfaces are clean.
- Flossing is fun, just “lasso” every tooth, every day. Take care of your gums too.
- Eat lots of different foods every day including yogurt, cheese, fruits and vegetables and meat. Snacks are OK but remember to brush after eating.
- Your first visit to your dentist should be when you are between one and two years-old, and then every six months as recommended by your dentist.
- Healthy baby teeth will help you eat, learn, and laugh for a long time. Healthy grown-up teeth will last a lifetime.