

Student Assistance Program (SAP)

Titusville Middle School

What is SAP?

The Student Assistance Program (SAP), a program required in every school in Pennsylvania, is designed to assist school personnel to identify issues, including alcohol, drugs, and others, which pose a barrier to a student's learning and school success.

Who are members of the TMS SAP Team?

Jeremy O'Toole, Librarian

Kathy Adelman, Intervention Teacher

Anneliese Ledebur, 8th Grade Teacher

Dan Parks, 6th Grade Teacher

Marci Kelly, School Nurse

Michael Reynolds, Science Teacher

Stephanie Knapp, School Counselor

Brooke Martin, School Counselor

Greg Houck, Assistant Principal

Jessica Stover, Principal

Agency Liaisons from Crawford County Drug & Alcohol and Crawford County Mental Health

When should a student be referred to the SAP Team?

Please contact the School Counseling Office if your child exhibits any of the following:

- Withdrawal from family, friends, school
- Changing friends; no longer spends time with old friends
- Unexplained physical injuries
- Talking about suicide
- Depressed
- Defying authority
- Acting aggressively
- Lying
- Sudden drop in grades

- Experimenting with drugs or alcohol
- Disclosure of home/family issues
- Continual attendance issues
- Difficulty relating to other students

What is the SAP Process?

- Teacher/Team/Parent referral to the SAP Team
- SAP Team discusses referral
- Teacher Checklists are sent to current teachers
- SAP Team reviews checklists/folder for patterns and decides what steps may be warranted
- Student's school counselor contacts parent/guardian to discuss concerns for the student; permission forms sent to parent/guardian
- SAP Team and parents work together to support the student

Services offered through SAP:

- Case manager checks in with student once per week
- Student meets with in-school mental health intervention specialist
- Student meets with in-school drug & alcohol education specialist
- Referral to Regional Counseling Center, school-based mental health program
- Referral to other community support services